



Blackbrook School

Aspiration Fairness Kindness Responsibility Teamwork

Headteacher: Mr Daniel Seviour BA (Hons) PGCE NPQH

Thursday 5th June 2025

'Changing Me'

Dear Parents,

As many of you know, we follow the Jigsaw scheme of work to provide personal, social, health education both at our school and across the MAT. Our lessons include works around relationships.

Our final topic for this year is '**Changing me**'.

Please see the attached documents for further information about the Jigsaw PSHE Curriculum/RSHE.

The Changing Me Puzzle is all about coping positively with change.

All lessons are taught using correct terminology, child-friendly language and diagrams.

Parental right to withdraw from Sex Education

Since September 2020, parents may only request to withdraw their children from non-statutory Sex Education in PSHE. Relationships Education and Health Education are statutory; this includes lessons on puberty, prejudice and discrimination, bullying, difference and diversity, and different families.

If you wish to withdraw your child from the relevant **non-statutory sex education lesson/s of our Jigsaw scheme of work at Years 4, 5 and 6**, please would you kindly inform your child's teacher of this request as soon as possible for planning purposes.

We will then contact you to explore the reasons for your withdrawal, to ensure your wishes are understood and to clarify the nature and purpose of this part of the Curriculum. This is also necessary so that alternative provision can be put in place for your child during the delivery of sex education.

Please do contact us if you need further advice or information.

Thank you for your continuing support.

Best Wishes,

Miss S Bowles

PSHE Lead