



Blackbrook School

Aspiration Fairness Kindness Responsibility Teamwork

Headteacher: Mr Daniel Seviour BA (Hons) PGCE NPQH

Monday 20th October 2025

Saffie the Dog

Dear Parents,

We are delighted to share that Saffie, Mrs Gilbert's gentle and friendly dog, has been spending more time in school recently as part of our ongoing commitment to enhancing the pastoral support we offer at Blackbrook.

Saffie has already become a much-loved presence among staff and pupils alike. Her calm nature and affectionate personality make her a wonderful companion, and we've seen first-hand the positive impact she has on children's wellbeing, with the small number of children who have spent time with her in school already. Research shows that spending time with animals can help reduce anxiety, improve mood, and support emotional regulation - benefits that align well with our school's nurturing ethos.

As you know, we are proud to offer a strong pastoral programme, including our dedicated nurture spaces. Saffie's presence complements these spaces by offering children a sense of comfort, connection, and emotional safety. Whether it's a quiet moment with her during a challenging day or as a positive reinforcement, Saffie builds on our nurture strategy as a school.

We would now like to ask for your consent for your child to spend time with Saffie, where staff feel it is appropriate and beneficial. This might include short interactions, reading sessions, or simply being in the same space as her during pastoral activities.

Please indicate your consent via the Arbor app.

If you have any questions or concerns, please don't hesitate to get in touch. We're excited about the positive role Saffie will continue to play in our school community.

Best Wishes,

Mr D. Seviour
Headteacher

