

Menu

W/C : 7th Sep, 28th Sep, 19th Oct, 16th Nov, 7th Dec



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Savoury Beef Rice Bowl	Pasta Meatballs GLUTEN	Roast Gammon served with Roast Potatoes and Gravy	Hunter's Chicken and Mash GLUTEN	Fish Fingers GLUTEN, FISH served with Chips
Option 2	Red Lentil and Pepper Rice Bowl	Mixed Bean Pasta GLUTEN	Dairy Free Cauliflower Cheese served with Roast Potatoes and Gravy	Vegetable Bites and Mash GLUTEN	Vegetable Fingers GLUTEN, CELERY served with Chips
Option 3	Jacket Potato Cheese MILK Beans Tuna FISH	Jacket Potato Cheese MILK Beans Tuna FISH	Egg Mayo Wholemeal Baguette GLUTEN, EGG Served with Vegetable Sticks	Jacket Potato Cheese MILK Beans Tuna FISH	Cheese Wholemeal Baguette GLUTEN, MILK Served with Mixed Salad
Vegetables	Mixed Salad	Vegetable Sticks	Seasonal Vegetables	Baked Beans	Peas
Salad Bar	Couscous GLUTEN , Pasta GLUTEN , Coleslaw EGG , Potato Salad, Tomatoes, Cucumber, Pepper Sticks, Houmous SESAME , Carrot Batons, Beetroot & Fresh Bread. Different Options Daily				
Main Dessert	Whole Fruit and Yoghurt MILK	School Cake GLUTEN, EGG And Custard MILK	Fruity Rock Cakes GLUTEN, EGG, SULPHITES	Fruit Salad & Ice Cream MILK	Jelly GELLATINE
2nd Dessert	Individual Yoghurt MILK	Fruit Salad & Yoghurt MILK	Fruit Salad & Yoghurt MILK	Fruit Salad	Fruit Salad & Yoghurt MILK

Menu

W/C: 14th Sep, 5th Oct, 2nd Nov, 23rd Nov, 14th Dec



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Jacket Potato Cheese MILK Beans Tuna FISH	Cottage Pie	Roast Turkey served with Roast Potatoes and Gravy	Spaghetti Bolognaise GLUTEN	Fillet of Fish GLUTEN , FISH with Fries
Option 2	Jacket Potato Cheese MILK Beans Tuna FISH	Quorn Cottage Pie	Dairy Free Cauliflower Cheese served with Roast Potatoes and Gravy	Quorn Mince Spaghetti Bolognaise GLUTEN	Vegetable Bites with Fries GLUTEN
Option 3	Cheese Sandwich MILK Served with Mixed Salad	Jacket Potato Cheese MILK Beans Tuna FISH	Egg Wholemeal Baguette GLUTEN , EGG Served with Cucumber sticks	Jacket Potato Cheese MILK Beans Tuna FISH	Cheese Wholemeal Baguette GLUTEN , MILK Served with Mixed Salad
Vegetables	Mixed Salad	Seasonal Vegetables	Seasonal Vegetables	Mixed Salad	Baked Beans
Salad Bar	Couscous GLUTEN , Pasta GLUTEN , Coleslaw EGG , Potato Salad, Tomatoes, Cucumber, Pepper Sticks, Houmous SESAME , Carrot Batons, Beetroot & Fresh Bread. Different Options Daily				
Main Dessert	Whole Fruit and Yoghurt MILK	Magic Jam Cake GLUTEN , EGG	Carrot Cake GLUTEN , EGG	Fruit Salad & Yoghurt MILK	Chocolate Mousse MILK
2nd Dessert	Individual Yoghurt MILK	Fruit Salad & Yoghurt MILK	Fruit Salad & Yoghurt MILK	Fruit Salad	Fruit Salad & Yoghurt MILK

Menu

W/C: 21st Sep, 12th Oct, 9th Nov, 30th Nov



Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Beef Enchiladas GLUTEN	Sweet and Sour Pork Noodles GLUTEN	Roast Chicken served with Roast Potatoes and Gravy	Sausage and Mash GLUTEN, SULPHITES	Fish Fingers GLUTEN, FISH and Fries
Option 2	Mixed Bean Enchiladas GLUTEN	Sweet and Sour Vegetable Noodles GLUTEN	Quorn Roast served with Roast Potatoes and Gravy	Vegetable Sausage and Mash GLUTEN, CELERY	Vegetable Fingers GLUTEN and Fries
Option 3	Jacket Potato Cheese MILK Beans Tuna FISH	Jacket Potato Cheese MILK Beans Tuna FISH	Salmon Wholemeal Baguette GLUTEN, FISH Served with Cucumber Sticks	Jacket Potato Cheese MILK Beans Tuna FISH	Chicken Mayo Wholemeal Baguette GLUTEN Served With Mixed salad
Vegetables	Vegetable Rice	Mixed Salad	Seasonal Vegetables	Peas	Baked Beans
Salad Bar	Couscous GLUTEN , Pasta GLUTEN , Coleslaw EGG , Potato Salad, Tomatoes, Cucumber, Pepper Sticks, Houmous SESAME , Carrot Batons, Beetroot & Fresh Bread. Different Options Daily				
Main Dessert	Whole Fruit and Yoghurt MILK	Fruit Crumble and Custard GLUTEN, MILK	Fruit Cake GLUTEN, EGG, SULPHITES	Fruit Salad & Yoghurt MILK	Birthday Cake GLUTEN, EGG
2nd Dessert	Individual Yoghurt MILK	Fruit Salad & Yoghurt MILK	Fruit Salad & Yoghurt MILK	Fruit Salad	Fruit Salad & Yoghurt MILK